Needed items for foster youth
Many children have no access to their items when they are placed in foster care. These items below can greatly help them during this difficult time.

**Nourishment**
personal hygiene -- simple items that will cater to this basic need and make a child feel cared for

- shampoo/conditioner
- toothbrush
- toothpaste
- mouthwash
- deodorant
- soap
- lotion
- hairbrush

**Warmth**
pajamas, pillow/blanket and a stuffed animal plus an outfit and undergarments for the next school day

- hoodie
- shirt
- pants
- socks
- undergarments
- pajamas

**Comfort for the Soul**
pillow/blanket

- stuffed animal

- letter of encouragement

Can you help?

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